

*How to apply to become a Registered Massage Practitioner or a Licensed Massage Therapist. **
A Guide for Maryland Massage Students

Adapted from

[Title 10.65 DEPARTMENT OF HEALTH AND MENTAL HYGIENE Maryland State Board of Massage Therapy Examiners](#)

[and Md. HEALTH OCCUPATIONS Code Ann. § 6-101 Annotated Code of Maryland HEALTH OCCUPATIONS TITLE 6. MASSAGE THERAPISTS/PRACTITIONERS](#)

Requirements for Certification and Licensure.

The Basics: To qualify for as Registered or Licensed in Massage, an applicant should understand the following and shall have completed (full details from the Maryland Board of Massage Examiners website located here)		
	Two tiered process in the state of Maryland	
	<u>Licensed Massage Therapist (L.M.T.)</u> An individual who is licensed [LMT] to practice therapeutic massage MAY practice in a medical health care provider’s office, hospital, or other health care facility for the purpose of providing massage. Definitions here .	
	<u>Registered Massage Practitioner (R.M.P.)</u> An individual who is registered [RMP] to practice massage MAY NOT practice in a medical health care provider’s office, hospital, or other health care facility for the purpose of providing massage. Definitions here .	
	The application form for the License Massage Therapist or Registered Massage Practitioner requires that every applicant no matter what the designation is at least 18 years old; is of good moral character and needs to have completed 600 contact hours of massage therapy training at an approved or accredited school ; Have copies of official transcripts sent directly to the Board from the schools, provide proof of passing a licensing exam MBLEx or the NCCAOM ; Register for and pass the Maryland massage therapy jurisprudence examination with a score of at least 75 percent; <u>Applications and Jurisprudence Exam registration forms must be sent together.</u> Attach a copy of the receipt from your criminal history records check (fingerprinting).	
	The Maryland law test covers the statutes and regulations concerning massage. The exam is administered at 4201 Patterson Avenue, Baltimore, Maryland. Parking is available at the 4201 Patterson Avenue lot. The building is easily accessible by the Metro System (Reisterstown Plaza) and MTA buses. All Exams begin at 4:30 p.m. unless otherwise indicated on your Exam confirmation letter.	
	For LMT status , candidates must satisfactorily complete minimum of 60 credit hours of higher education of which at least 24 credits must be in basic health/applied sciences relating to healthcare; or minimum of 60 credit hours of higher education and at least 24 CE hours of "advanced massage therapy continuing education".	
	Starting February 1, 2015, all initial applicants for licensure and registration with the MD Board of Chiropractic & Massage Therapy Examiners will have to have a Criminal History Records Check completed prior to receiving a license or registration. CLICK HERE to view requirements.	
	Pursuant to the Veterans Full Employment Act of 2013 , military veterans discharged within one (1) year of application for licensing or registration qualify for expedited processing of applications and review of equivalency requests for military training.	

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Registered Massage Practitioner (R.M.P.)

An individual who is registered [RMP] to practice massage MAY NOT practice in a medical health care provider's office, hospital, or other health care facility for the purpose of providing massage. Registered massage practitioner. "Registered massage practitioner" means an individual who is registered by the Board to practice massage therapy in a setting that is not a health care setting. "Health care setting" means: the office of a health care provider regulated by the state of Maryland or a health care facility as defined in § 19-114 of the Health - General Article. A health care provider licensed or certified under this article may not refer patients to a person who is not [a licensed massage therapist](#). There are also contracting and [employment restrictions](#).

	Specific Course work required for all Registered Massage Practitioner Qualification for license and registration .	Courses and hours that apply:
<input type="checkbox"/>	600 hours of education in a Board approved program for the massage therapy that includes the following areas of content	
<input type="checkbox"/>	At least 100 hours shall consist of: Anatomy; Physiology; Pathology; and Kinesiology;	
<input type="checkbox"/>	The remaining 500 hours shall include a majority of hours in	
<input type="checkbox"/>	Massage theory	
<input type="checkbox"/>	Massage techniques	
<input type="checkbox"/>	Supervised practice	
<input type="checkbox"/>	Professional ethics	
<input type="checkbox"/>	Professional standards	
<input type="checkbox"/>	Business practices	
<input type="checkbox"/>	Health and hygiene	
<input type="checkbox"/>	Contraindications to massage therapy	
<input type="checkbox"/>	CPR shall be included but do not count toward the 600-hour minimum	
	In addition, applicant for registration will	
<input type="checkbox"/>	Provide documentation of current certification in basic CPR	
<input type="checkbox"/>	If certified, licensed, or registered to practice massage therapy in another state; Have verification of status sent directly to the Board by the issuing state,	
<input type="checkbox"/>	Has passed an examination approved by the Board; MBLEx or NCCOAM	
<input type="checkbox"/>	Submits to a criminal history records check	
<input type="checkbox"/>	Pay the registration and examination fees by certified check or money order	
	Application for license and registration are found here.	

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Regulations that apply to Licensed Massage Therapist (L.M.T.)

An individual who is licensed [LMT] to practice therapeutic massage MAY practice in a medical health care provider's office, hospital, or other health care facility for the purpose of providing massage. . "Health care setting" means: (1) The office of a health care provider regulated by the state of Maryland or (2) A health care facility as defined in § [19-114 of the Health - General Article](#). A health care provider licensed or certified under this article may not refer patients to a person who is not [a licensed massage therapist](#). There are also [employment restrictions](#).

<input type="checkbox"/>	600 hours of education in a Board approved program for the massage therapy that includes the following areas of content – 10.65.01.07 Qualification for license and registration .	
<input type="checkbox"/>	At least 100 hours shall consist of: Anatomy; Physiology; Pathology; and Kinesiology;	
	The remaining 500 hours shall include a majority of hours in	
<input type="checkbox"/>	Massage theory,	
<input type="checkbox"/>	Massage techniques	
<input type="checkbox"/>	Supervised practice	
<input type="checkbox"/>	Professional ethics	
<input type="checkbox"/>	Professional standards;	
<input type="checkbox"/>	Business practices;	
<input type="checkbox"/>	Health and hygiene;	
<input type="checkbox"/>	Contraindications to massage therapy;	
<input type="checkbox"/>	CPR for Health Care Providers shall be included but do not count toward the 600-hour minimum	
	In addition, applicant for registration will	
<input type="checkbox"/>	Provide documentation of current certification in HCP CPR	
<input type="checkbox"/>	If certified, licensed, or registered to practice massage therapy in another state, have verification of status sent directly to the Board by the issuing state	
<input type="checkbox"/>	Has passed an examination approved by the Board; MBLEx or NCCOAM	
<input type="checkbox"/>	Submits to a criminal history records check	
AND	has satisfactorily completed: An AAS in Massage Therapy from an accredited community college. OR	
	At least 60 credit hours of education at an institution of higher education as defined in § 10-101 DIVISION III. HIGHER EDUCATION of the Education Article and as approved by the Board and the Maryland Higher Education Commission of which a minimum of 24 credit hours shall have been in basic and applied science courses related to health care.	
OR		
	At least 60 credit hours of education at an institution of higher education as defined in 10-101 of the Education Article and as approved by the Maryland Higher Education Commission; and 24 hours of advanced massage therapy continuing education as approved by the Board in basic and applied science courses related to health care including, but not limited to, the following areas of study : Massage techniques, including Swedish massage and deep tissue massage; Structure and function of the human body; and Kinesiology.	

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	<p>Notes:</p>	

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